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## Anne Shirley or Daisy Duke?

New edition of Anne of Green Gables depicts the ruddy-headed heroine as a curvaceous blond teen **PAGE 10**

## Wu's your fashion daddy?

One-man design sensation revels in some stylin' magical moments **PAGE 22**



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Thursday, February 7, 2013



# Mother dies in house fire

**Investigation.** Fire officials believe home's smoke alarms were working, investigators will try to determine why one woman did not make it out



**ROBSON FLETCHER**  
robson.fletcher@metronews.ca

An early-morning house fire claimed the life of a Calgary mother described by those who knew her as the matriarch of a kind and generous family that was already facing challenges.

"They're having a hard time because their daughter's fighting cancer," said Gloria Boulet, a family friend. "She was supposed to go for chemo today, but now they've postponed it because of what happened."

Emergency responders received a 911 call around 5:30 a.m. Wednesday, according to Carol Henke of

the Calgary Fire Department, and when firefighters arrived at the 4300 block of Vauxhall Crescent N.W., they found the house engulfed in flames.

Henke said the fire caused "extensive" damage that affected the structural integrity of the home, forcing firefighters to withdraw after an initial search and battle the blaze defensively.

At least one occupant made it out of the home, Henke said, but a woman inside did not, and died at the scene.

Neighbours — including Chuck Doughty, who lives down the street and coordinates the area's block watch — identified the woman as Sherri Nicholls and the occupant who made it out as her son, Danny.

Doughty described the feeling as "horrible" when he heard the news.

"It's bad enough when a person loses their home," he said. "But when they lose a member (of) the family, it's a lot worse."

Neighbours believed the father of the family, Dave Nicholls, and daughter, Sam Nicholls, weren't in the house at the time.

Gloria Boulet described Dave as "a really nice guy" who would regularly help with car repairs and ask for nothing in return.

Her granddaughter, Sam Boulet, plans to establish a trust fund at Royal Bank for the family, and was busy searching the neighbourhood Thursday evening for one of the household's two dogs that went missing after the fire.

She said the family took the pets in from an abusive home, and that they always loved animals.

"They had dogs before that too," she said. "They've always had dogs."

The cause of the fire is under investigation.

On the web

For more local news go to metronews.ca



Firefighters and police surround a home in the northwest community of Varsity following a fatal, early-morning blaze on Wednesday. ROBSON FLETCHER/METRO



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## Bargaining. Legislated teacher deal a 'dramatic step': Minister

Alberta's education minister says he would only consider evoking a legislated teacher deal as a last resort and invited representatives back to the provincial bargaining table Wednesday.

Speaking for the first time since Metro reported that numerous Alberta school boards have informed the Education Ministry they would support a government-mandated contract for instructors, Education Minister Jeff Johnson deemed the move a "dramatic step," adding that he has yet to raise the topic with the provincial cabinet.

"It's a place we don't want to go.... I also think that if you are going to put the kids at the centre of your decisions, you can't rule anything (as being) off the table," Johnson said.

Earlier this week, the Alberta Teachers' Association condemned the ministry's decision to raise the topic of a legislated contract in meetings being held with school boards ahead of the March release of the provincial budget.

But Johnson indicated that something needs to give, adding negotiations on a teacher deal have run for two and a half years and provincewide talks recently broke down, sending all parties to local bargaining.

Opposition Wildrose education critic Bruce McAllister said it will take buy-in from both sides to get a deal done.

"All I know is this — the province had absolutely no problem signing a five-year deal with teachers right before an election (in 2007)," he said. **JEREMY NOLAIS/METRO**



Police tape surrounds the area of Tuxedo Park where Calgary resident Duane Laybourne, inset, was found dead inside a vehicle Monday. Police are asking anyone with information to come forward. METRO FILE; INSET: FACEBOOK.COM

# 'You will be found,' brother tells Calgary man's killer

## Homicide.

Police confirm shooting is city's fourth murder of 2013



**JEREMY NOLAIS**  
jeremy.nolais@metronews.ca

As police confirmed a Calgary man found dead inside a parked vehicle is the city's latest homicide victim, the man's brother offered harsh words to the killer still on the lam.

"My message is you will be found," said Cory Laybourne, brother of deceased local resident Duane Gordon Laybourne, 42.

"Even if the police can't do it, I will find them and they

will be brought to justice before the courts," Cory continued.

The grieving brother, fighting back tears as he continuously fielded media calls and posted some of his favourite family memories on Twitter, said word of Duane's death came as a shock, especially because when they last spoke he appeared to be turning his life around.

Duane had a history with drugs that stemmed from childhood struggles, and the Laybournes lost their mother to a fight with pancreatic cancer roughly 10 months ago.

"He seemed to be doing well," Cory said. "We don't know what to think."

Police believe Duane was at a social gathering in the basement suite of a home in the 200 block of 28th Avenue

## Details

- Calgary police believe the death of Duane Laybourne was drug-related but are still trying to locate a number of people gathered at the home in the 200 block of 28 Avenue N.E. Sunday night.
- Staff Sgt. Grant Miller said the tenant of the basement suite where it's believed Laybourne was shot has been interviewed and it's believed another person at the gathering may have suffered unspecified injuries.

N.E. when they received reports of gunshots around 9

p.m. Sunday.

When officers arrived, they found blood on the walls and a gun on the front lawn, but everyone had fled the home.

It wasn't until nearly 12 hours later that Duane was found dead inside a vehicle in an alley one block from the home.

Police Staff Sgt. Grant Miller said it's unclear if the vehicle was parked in the alley when officers took the call Sunday and canvassed the area.

"He (Duane) could have been away for a few minutes, he could have been away for a few hours," Miller said. "We're trying to determine that."



Follow Jeremy Nolaïs on Twitter @Metro\_Nolaïs

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# Washing away the bad rep of the '14th Street Crack House'

**Lux Laundromat.** New owner of business throws art, music, new name into the spin in aim to scrub out previous label

LISA WILTON  
lisa.wilton@metronews.ca

It can take months, even years, for a business to shake off a bad reputation.

Gerrit Rysdyk found this out the hard way when he bought the 14th Street Coin Laundry in April of last year.

"This place was known as the 14th Street Crack House," says Rysdyk, who re-opened the Beltline business in September as the Lux Laundromat.

There was nothing spe-

## Gala at the Lux

- The gala opening for the Go Figure! exhibition takes place Feb. 14 at the Lux Laundromat, located at 1211-14 Street S.W., and will feature the artists in attendance as well as a DJ.
- Proceeds from all art sales during the gala will go to the One Billion Rising, an international campaign founded by Vagina Monologues playwright Eve Ensler that calls for the end of violence against women.



Gerrit Rysdyk hopes holding music and art events at Lux Laundromat will help business and improve the area's reputation. LISA WILTON/METRO

cial about the coin-operated laundromat when it opened in 1976. It was just one of many similar businesses in Calgary, changing owners every so often.

But a decade ago, the space became a hangout for transients and drug addicts, who took advantage of the lack of laundromat attendants.

"I've heard so many stories from so many people," says Rysdyk.

"Homeless people holding clothes for ransom, people sleeping in here. They knew how to jimmy the doors so

they would sleep in here all night. There were all sorts of drug paraphernalia all over the place."

Rysdyk, a former new-homes sales associate, spent more than \$80,000 and five months bringing the Laundromat back up to code.

He gutted the building, rearranged the washers and dryers, added energy-efficient machines and painted the walls. Though Lux now exceeds building code standards, getting rid of the stigma attached to the business hasn't been easy.

Rysdyk is hoping to attract more customers by mixing laundry day with music and arts events, including a paint and drawing exhibition and sale running from Feb. 8 until March 8.

The exhibition, curated by local art group Go Figure!, will feature about 50 works focusing on the human form.

"People are pretty surprised when they hear it's going to be at a laundromat," says artist Rita Reddy.

"But it's a great idea. It's an interesting vision he has to mix art into something as

mundane as doing laundry."

Rysdyk says he's open to hosting music performances as well, as long as they're on the mellower side.

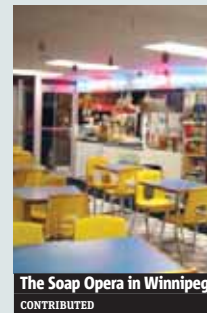
"A young lady wanted to hold an all-ages show in here one evening" he recalls.

"I said I was interested. But she brought in a bunch of thrash-metal bands. I didn't really think about the Korean school upstairs when it was arranged, and we ended up interrupting their classes. I think they'd be happier if it wasn't thrash metal next time."

## From must-do to want-to-do

It's no fun having to drag your dirty underwear to a public laundromat. But some North American businesses have come up with novel ways of attracting customers and making laundry a far less mundane task:

- The Soap Opera, Winnipeg.** The drab exterior of Winnipeg's largest laundromat doesn't hint at the cool retro-style café and laundry inside. 1950s housewife pinups adorn the walls, and fresh flowers sit atop many of the washing machines on the laundromat side.



The Soap Opera in Winnipeg  
CONTRIBUTED

- The BrainWash Café, San Francisco.** Opened in 1989, the BrainWash is one of the oldest laundro-cafs around. Not only can you grab everything from a latte to fish tacos and teriyaki tofu stir-fry while you wait for your clothes to dry, you can also catch a live band or acoustic open-mic on certain nights. It's located, oddly enough, across the street from where newspaper heiress and socialite Patty Hearst was held captive by the Symbionese Liberation Army in 1974.



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# Car2Go customer ticked after tow

**A client no longer.**  
**'I was their biggest**  
**advocate,' says**  
**former customer**



**ROBSON FLETCHER**  
robson.fletcher@metronews.ca

Calgary's popular Car2Go service has lost a customer in Catherine Finnie, who says she's done with the car-sharing service after a nightmare

of a parking experience.

Finnie said it all started when she parked a Car2Go on 17th Avenue and checked out of the vehicle to meet some friends for lunch.

That, she admits, is something the Car2Go policy says not to do, because if another customer doesn't pick up the car before rush hour, the vehicle will be illegally parked.

"I totally understand that," Finnie said. "But I was going for lunch, and I knew I was going to pick it up ... or,

somebody else would take it — but, no matter what, that car would be gone."

But when Finnie returned to the car, she said it and several others in the area were "totally dead."

"It turns out they had this major service disruption," she said. "It's like some dead zone."

The car ended up ticketed and towed, costing Finnie \$250 in fines and fees.

She said Car2Go refused to budge on its policy, insisting the tow was entirely her fault.

Car2Go spokesperson Katie Stafford told Metro that is indeed the company's policy, and "members must refrain from ending a rental in a rush-hour zone."

Leo Yeung, a regular Car2Go user in Calgary, said Car2Go is a well-intentioned service but "it will receive a lot more traction once it iron[s] out some of the issues customers are facing on a daily basis." Those include a lack of non-restricted parking zones downtown and inaccuracy in the mobile app.



Catherine Finnie says she will no longer use the Car2Go service after what she describes as an unfair policy that held her responsible for an illegally parked vehicle that she couldn't physically move. ROBSON FLETCHER/METRO

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## Popular café shut down for health violations

It appears inspectors have stepped in and shut down a Calgary eatery that already has a history of health-code violations.

A notice dated Feb. 6 has been tacked onto the exterior of Nellie's Cosmic Cafe, located at 1001-17th Ave. S.W., declaring the establishment closed and stating it will only reopen once "the nuisance has been removed or corrected to the satisfac-

tion of an executive officer of Alberta Health Services."

AHS could not immediately comment in detail on the closure Wednesday night, but spokesperson Bruce Conway said it was likely put up in the afternoon.

"It speaks for itself, really," he said of the notice.

Wednesday wasn't the first time Nellie's found itself in hot water with health inspectors, as owner Roxanne Taylor-King

was fined nearly \$62,000 in 2010 after repeated violations at five different locations.

Management could not be immediately reached for comment Wednesday evening but previous violations had been chalked up to a high rate of staff turnover.

A photo of the closure notice circulated on Twitter Wednesday and generated much disgust among patrons.

JEREMY NOLAIS/METRO

### Aggravated assault

**Arrest made in connection to Elbow Dr. shooting**

A Calgary man has been charged after a shooting that took place last month on Elbow Drive S.W.

On Jan. 31, police made an arrest and recovered a gun. Michael Onischuk, 25 is facing several charges including aggravated assault, assault with a weapon and unlawful possession of a firearm. He remains in custody. **METRO**

## Traffic. Lanes remain closed on Macleod Trail

It was not clear when two northbound lanes of Macleod Trail would reopen after a water-main break in the early-morning hours Wednesday.

City roads spokesperson Sean Somers said more work would be needed to determine what caused the break, adding crews noticed it while driving over the busy stretch between 13 Avenue and 15 Avenue on Tuesday.

But Somers said impact

on the morning commute appeared to be minimal as two lanes remained open and traffic flowed relatively freely.

"We haven't been hearing about it at all," he said. "I drove through there this morning about 8:20 a.m. and it was like any other morning."

Somers did still advise motorists to find another route during busy hours until further notice.

JEREMY NOLAIS/METRO





Bylaw officers could soon see their duties expanded to include tasks like enforcing building permits as the city looks to streamline its enforcement services. METRO FILE

# Calgary looking to expand enforcement powers for officers

## Super enforcers.

Calgary's by-law officers could soon be granted the power to enforce rules that currently fall out of their boundaries



**ROBSON FLETCHER**  
robson.fletcher@metronews.ca

Officers enforcing Calgary's bylaws are currently handcuffed by narrow job descriptions, according to an alderman who is happy the city is now taking steps to streamline the service.

Ald. Andre Chabot, who first raised the issue more than two years ago, noted a single home with an unkept yard, a derelict vehicle and an illegal suite would require three separate officers to deal with each violation.

"Being able to address all

three of those issues certainly maximizes on the efficiency," Chabot said Wednesday, after city staff provided an update to aldermen about what's being done to change the process.

"We are committed to working together to build that collaborative approach," said Tracy Bertsch, director of animal and bylaw services.

Stuart Dalgleish, director of development & building approvals, said steps are being taken to merge the enforcement activities between the city's various business units.

Ald. Dale Hodges, however, said he still has concerns about overlapping enforcement duties.

"I was the sole member of council to vote against (Chabot's) notice of motion (in 2011), fearing that the system was going to get scrambled to the point where it would cause confusion," Hodges said.

Ald. Richard Pootmans asked what the cost associated with retraining enforce-

## Motion to streamline

Ald. Andre Chabot put forward a notice of motion at city council in January 2011 that set the enforcement-streamlining process in motion.

- The process was delayed to some extent by changes in leadership in some city departments.

- Chabot said he is still satisfied with the pace of the work and the internal changes that have already been made.

ment officers would be, and Dalgleish said he didn't expect there to be additional expenses, as the city could simply adjust and find efficiencies in its current training process.

City administration is due to report back to council again in November.

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## This town's got heart. Calgary in top 10 Most Romantic Cities in Canada

Calgarians are among the most romantic people in the country, according to a ranking released by Amazon.ca.

The ranking, which compares the sale of romance novels, relationship books, rom-com DVDs, and romantic CDs, placed Cowtown 8th in a list of 20 Canadian cities.

At the top of the list was Victoria, followed by Northern Vancouver in second, and the Ontario cities of Waterloo, Kingston and Guelph rounding out the top five, respectively.

Alberta's capital city ranked number 13 on the romance scale, with Burlington, Ont.,

### Crooners make tracks

- Some of the artists tracked in creating the list include Michael Bublé, Dean Martin and Barry White.
- Cities in Prairie provinces make up seven of the top 20 spots.

coming in last.

The list is based on sales from Jan. 1, 2012, to Jan. 23, 2013. **METRO**

### Resource industry

## Oil needs to get to other markets: Report

A research paper is reinforcing the idea that Canada's resource industry is at risk of being left behind internationally if it doesn't find a way to get oil to receptive markets in the Pacific Rim.

The report from the School of Public Policy at the University of Calgary says demand for heavy oil from Alberta's oil sands lies primarily in southeast Asia, but warns the window of opportunity will begin to close.

Author Michal Moore says Canada needs to find a way to get into those markets in the next two to five years. **THE CANADIAN PRESS**

# Yoga classes to pop up all around Calgary



Founder of Pop Up Yoga Calgary Naaz Ali strikes a pose in downtown Calgary. KATIE TURNER/METRO

**Pop Up.** Yoga classes will be held in a variety of places and spaces throughout Calgary



**KATIE TURNER**  
katie.turner@metronews.ca

From the studio to the streets. That's the concept behind Pop Up Yoga — a new concept that's striking a pose in Calgary.

Founder of Pop Up Yoga Calgary Naaz Ali said she wanted to introduce a new way of practising yoga, while building a sense of community.

"Pop Up Yoga is basically an initiative to bring yoga into community spaces," she said. "We're looking at bringing yoga events into art galleries, into community centres, farm-

ers' markets, outdoor events — all those kinds of things."

Classes will be more accessible not only in price, at a rate of \$10 for adults and \$8 for students and seniors, but in location as well, according to Ali.

After teaching yoga in studios for nearly three years, she said she's noticed the classes seemed limited to a certain group of people.

"We're missing out on the people who can't necessarily afford studio space," she said. "We're missing out on people who maybe enjoy yoga but are intimidated by a studio setting. This project kind of bridges the gap."

Ali is in the process of setting up her first Pop Up Yoga class and encourages those interested to check back to [popupyogacalgary.com](http://popupyogacalgary.com) for updates.

### Quoted

"We're missing out on people who maybe enjoy yoga but are intimidated by a studio setting. This project kind of bridges the gap." Naaz Ali, founder of Pop Up Yoga Calgary

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## Thirteen-year battle

## Feds appeal ruling on Indian status

The federal government will appeal a landmark Federal Court ruling that would vastly expand the ranks of people considered Indians.

After more than 13 years of legal wrangling, the court

ruled last month that Métis and non-status Indians are indeed "Indians" under a section of the Constitution Act.

On Wednesday, Aboriginal Affairs Minister John Duncan said the ramifications of the decision demand a ruling from a higher authority. He added the services provided to aboriginals must be fiscally sustainable. **THE CANADIAN PRESS**

## Cost disparity. Senators urge tariff review to help match U.S. prices

A Senate committee says Ottawa should launch a comprehensive review of tariffs as a way of narrowing the price gap between Canadian and U.S. consumer goods.

The committee says Canadian consumers feel ripped off by higher prices in Canada, but the problem is not as simple as it appears.

A report cites factors like the different size in the market and the fact suppliers often charge Canadian retailers more than counterparts in the U.S.

But it also notes that many witnesses pointed the finger at import tariffs applied by the federal government on consumer goods,

## Prediction

The report expects the price differential between goods in Canada and the U.S. to close as competition increases and more consumers become price-savvy.

which can sometimes reach as high as 18 per cent.

Prior to the report's release, Finance Minister Jim Flaherty said the government has been looking into tariffs, particularly on consumer goods, to see if they can be lowered or eliminated.

**THE CANADIAN PRESS**

# Sexy Anne of Green Gables mortifies nation of readers

**11-year-old redhead.** Flirtatious blonde teenager adorns the cover of new edition

A new image of Canada's most beloved literary orphan has Canadians seeing red, but not where they're supposed to.

A new edition of Anne of Green Gables depicts the notoriously youthful and ruddy-headed heroine as a curvaceous blond teen, sparking a fierce backlash from scholars and casual readers alike.

Critics derided the cover, saying it is a far cry from the feisty, 19th-century 11-year-old brought to life in the pages of L.M. Montgomery's classic novels.

The image appears on the cover of a Three in One edition produced by CreateSpace, a subsidiary of the Amazon group that allows people to self-publish their material.

Many readers argued the picture, which flatly contradicts many textual references to Anne's appearance, amount



The cover image of a new edition by CreateSpace, left, meets Anne's copyrighted traditional look. **TORSTAR NEWS SERVICE**

to character assassination.

"Anne's fiery hair, unfortunate complexion and gangly build define her character... for she learns to cultivate ideals of inner and outer beauty," one reader wrote on the book's Amazon.com page.

Nick Mount, Canadian literature professor at the Uni-

versity of Toronto, suspects the photo was used in part to contravene copyright protections.

While Montgomery's text is in the public domain, the traditional image of Anne is owned jointly by the province of Prince Edward Island and the heirs to the author's estate.

**THE CANADIAN PRESS**

## Too precious

"Messing with this particular image is asking for trouble."

Nick Mount, Canadian lit professor at the University of Toronto, saying the new image nearly defaces a Canadian cultural icon.

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## Astronomers report out-of-this-world finding

Earth-like worlds may be closer and more plentiful than anyone imagined.

Astronomers reported Wednesday that the nearest Earth-like planet may be just 124 trillion kilometres away — or some 124 trillion kilometres. That planet hasn't been found yet, but should be there based on the team's study of red dwarf stars.

Galactically speaking, that's right next door.

If our Milky Way galaxy were shrunk to the size of the United States, the dis-

tance between Earth and its closest Earth-like neighbour would be the span of New York's Central Park, said Harvard University graduate student Courtney Dressing, the study's lead author.

"The nearest Earth-like planet is simply a stroll across the park away," she said at a news conference in Cambridge, Mass.

Small, cool red dwarfs are the most common stars in our galaxy, numbering at least 75 billion.

The Harvard-Smithsonian

Center for Astrophysics team estimates six per cent of red dwarf stars have Earth-like planets.

To qualify, the planet must be roughly the size of Earth and get as much light from its star, as Earth does from the sun.

This high rate of occurrence should simplify the search for extraterrestrial life.

These newest findings are based on data from NASA's Kepler space telescope, launched in 2009.

THE ASSOCIATED PRESS



An artist's rendition shows a hypothetical planet with two moons orbiting in the habitable zone of a red dwarf star.

THE ASSOCIATED PRESS



Some of Chicago's skyline is seen reflected on the 110-tonne stainless steel Bean, also called Cloud Gate sculpture, at Millennium Park in downtown Chicago. The Chicago Tribune has written a love letter to Canada in a recent editorial. TIM BOYLE/GETTY IMAGES

## Canada gets love letter from Chicago newspaper

**Beyond the moose and maple leaves.**

Chicago Tribune calls Canada a 'rising star' among nations

### Cross-border love

Some of the reasons why Chicago loves Canada:

- Canada's banks are regulated and stable.
- Canada's housing market never collapsed like it did in the U.S.
- Canada's health-care system is the envy of the U.S.
- Canada is experiencing a gold-rush energy boom.

The Chicago Tribune has written a love letter to Canada, suggesting that we have taken the Windy City by storm.

In an editorial this week, the Tribune called out to our country for us to deliver what they so desperately want: Our low gun crime, our Tim Hortons coffee, our oil and our stable banking system.

"We hope some of that good Canadian fortune rubs off on our city," the editorial states.

Some of that good fortune was already delivered in the recent move of successful CFL coach Marc Trestman to the Chicago Bears of the NFL, fuelling Super Bowl dreams.

The editorial added that it wasn't just Trestman's appointment that has heralded Canada's ascension to "Chicago cool."

Poutine has now become a staple at many of Chicago's trendiest eateries.

From the banking system to Canadian politics to our health-care system, the Tribune counted the ways that Canada is bigger than moose and maple leaves.

Even Prime Minister Stephen Harper is not exempt, although the editorial suggests that many Americans still don't know who he is.

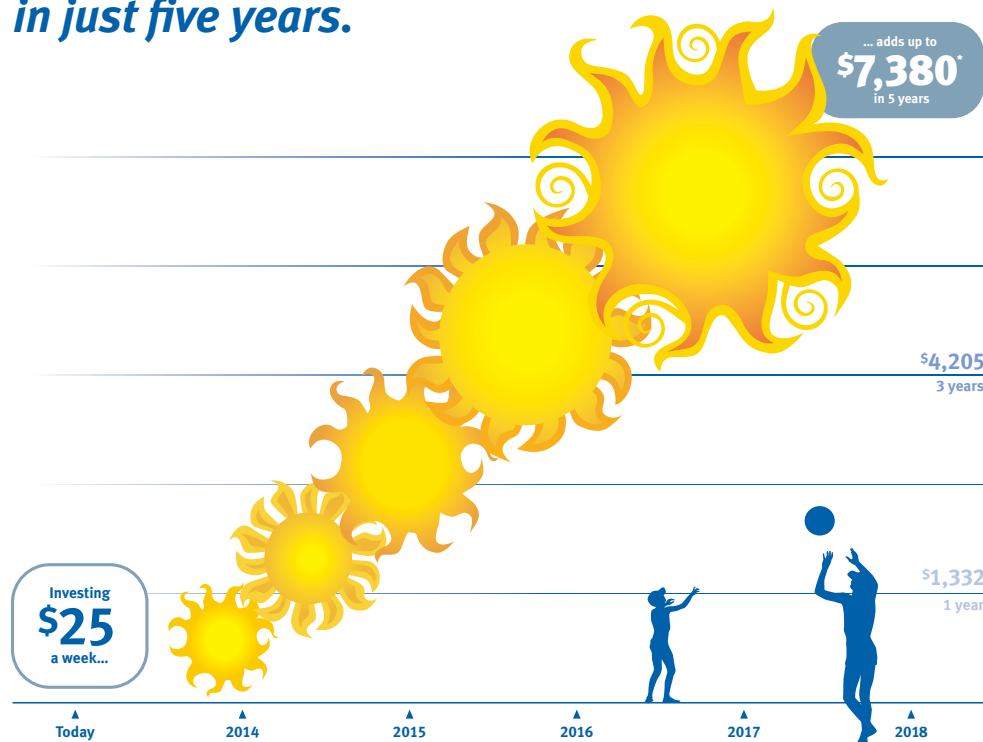
In calling our country a "rising star" among nations, the editorial says that "the tail is wagging the dog in North America" in economic activity, although it is good for both countries.

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# Toddler killed in 1-child limit dispute

**Two detained in China.**  
Couple's third child run over during conflict with Communist Party official

Police have detained a local official and a driver for allegedly running over and killing a 13-month-old boy during an argument with his family over the payment of a fine for violating China's strict family-planning limits, state media and the local government said Wednesday.

The boy's death Monday is the latest incident to aggravate long-running public resentment over the family-planning rules that limit many families to one child and some rural ones to two.

After the incident in a village outside the eastern city of Rui'an, thousands of residents protested outside local government offices, the official Xinhua News Agency reported.

Police detained the two people on unspecified charges late Tuesday, said a statement on the Rui'an government's official website. Xinhua identified them as a local Communist Party chief named Bai and a driver.

How the toddler came to be run over is not completely clear from the government and state media accounts. Rui'an's party Propaganda Department declined further comment.

A team of 11 officials went to the village to persuade Chen Liandi and his wife Li Yuhong to pay a fine for violating the

family planning limits. Xinhua said the requested fine totalled more than 30,000 yuan (\$4,700) and was for giving birth to the boy, the couple's third child.

An argument ensued and Chen tried to prevent the officials from taking Li to a government office, though she soon relented and agreed to get into a car and go, the accounts said. In the confrontation, the boy dropped from Chen's arms and was run over by a vehicle, the government statement and state media said. Xinhua said Chen tried to pull the boy away but was too late.

Reports of the incident have further inflamed popular dislike of the family limits and the use of beatings, forced abortions and sterilizations.

THE ASSOCIATED PRESS

## Komodo dragon

### Giant lizard attacks workers in park

A park official says two people have been hospitalized after being attacked by a giant komodo dragon that wandered into the office of a wildlife park in eastern Indonesia.

An official at Komodo National Park, Heru Rudiharto, said Wednesday the two-metre-long animal attacked a park ranger after walking into the office on Tuesday. It then attacked another park employee who came to help him. Both were badly bitten.

THE ASSOCIATES PRESS



### Unrest feared in Tunisia

Tunisians demonstrate outside the home of opposition leader Chokri Belaid after he was shot to death in Tunis, Wednesday. Belaid's killing is the first political assassination in post-revolutionary Tunisia. His death is likely to heighten tensions in the nation, where the path to democracy so far has been a model for the Arab world. AMINE LANDOULSI/THE ASSOCIATED PRESS

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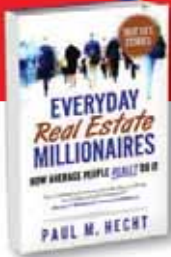
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## Tokenism

## Monopoly fans vote to add cat

Scottie dog has a new nemesis in Monopoly after fans from more than 120 countries voted to add a cat token to the property trading board game, replacing the iron, toy maker Hasbro Inc. announced Wednesday.

It was the first time that fans have had a say in which of the eight tokens to add and which to toss. The online contest to change the tokens was sparked by chatter on Facebook, where Monopoly has more than 10 million fans. **THE CANADIAN PRESS**



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## Stock flotation: Dead herring cost a cool \$9.8M

Herring worth millions in exports are seen floating dead Tuesday in Kolgrafafjordur, a small fjord in west Iceland, for the second time in two months. Between 25,000 and 30,000 tons of fish died in December and more are dead now, due to lack of oxygen in the water thought to have been caused by a landfill and bridge constructed across the fjord in December 2004. The current export value of the estimated 10,000 tons of herring amounts to about \$9.8 million, according to Morgunbladid newspaper. **BRYNJAR GAUTI/THE ASSOCIATED PRESS**

## Tribute doughnut. Take a bite out of 'The Priestley'

A sitcom gag about the ubiquitous presence of Tim Hortons has inspired the company to create an outlandish new pastry — a Timbit stuffed into a jam-filled doughnut.

A company spokeswoman says the one-time only experiment — a photo of which appeared on its Twitter feed Tuesday — was inspired by a recent episode of *How I Met Your Mother*.

The Canadian-themed episode featured a cameo by home-grown star Jason Priestley, who boasted of a self-created confection he dubbed "The Priestley."

Tim Hortons spokeswoman Alexandra Cygal says a staff member who happens to be a fan of the show as well as a "certified culinary scientist" created the doughnut as a fun exercise.

"The day after the show aired he just came into work and decided to create The Priestley in his lab, so we had a lot of fun with it," Cygal said Wednesday, adding that there are no plans to mass-produce the treat. "It's generated a lot of positive buzz and great exposure for our brand both in Canada and the U.S."

Monday's episode of *How I Met Your Mother* featured a cavalcade of Canadian stars in-



The Priestley

This photo from @TimHortons Twitter feed shows a doughnut called "The Priestley," which the company made after it was mentioned on an episode of *How I Met Your Mother*. **TWITTER**

cluding Luc Robitaille, Steven Page, k.d. lang, Geddy Lee, Alex Trebek, Alan Thicke and Paul Shaffer.

They pop up when recurring character Barney Stinson, played by Neil Patrick Harris, travels to Canada to learn more about his Canadian girlfriend Robin Scherbatsky, played by real-life Canuck actress Cobie Smulders.

He discovers a country obsessed with Tim Hortons doughnuts, as revealed by a faux documentary in which Priestley claims to have invented "The Priestley."

**THE CANADIAN PRESS**

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# BORDER-CROSSING MADE EASY AS PIE (NOTE: PIES WILL BE CONFISCATED)



HE  
SAYS...  
John Mazerolle  
metronews.ca

Hello, fellow Canucks, and welcome to this special guide on how to get through U.S. customs, no fuss, no muss!

(The U.S. government advises that if you do have

muss, you must say how long you have had it, where you obtained it and whether you plan to use it for business or pleasure.)

Shhh!

Remember that airports and border crossings are highly inappropriate places to talk about terrorism. Instead, say "extremism."

Sure, sometimes small hiccups can happen at the border. For instance, there was the recent case of a Canadian man who was not allowed to attend the Super Bowl because of a 1981 marijuana conviction.

(The U.S. government warns that marijuana has been proven to alter the brain, which under U.S. law is only appropriate when it involves heavy drinkers

watching large men give each other concussions.)

And, yes, most of us have a friend or relative who's had trouble at the border. An ex of mine was recently denied entry because something alarmed U.S. customs officials. Keep in mind that she is a white, rail-thin woman with blond hair, a big smile and Cameron Diaz's looks, but not as threatening. Also, her passport is full of Middle Eastern stamps because she lived there for two years.

I'm here to assure you that these instances are the exception, not the norm. By following these simple tips at border crossings and airports, you can change entering and leaving the U.S. from a long and terrifying ordeal to a long and tedious annoyance.

U.S., eh? Tips for crossing the U.S.-Canada border: While you wait:

- If you must walk through a metal detector, remember to remove shoes, jackets, scarves, belts, bracelets, underthings, fillings, false hips, glass eyes, any bodily fluids hidden in your body, your allegiance to your country and that stupid smirk on your face.
- Remember that airports and border crossings are highly inappropriate places to talk about terrorism. Instead, say "extremism."

Talking with the customs officers:

- Remember that being a customs official is a stressful, repetitive occupation, so you should relieve the tension with a few well-timed zingers. They LOVE it! Joking with the official about how he or she is a glorified mall cop will liven up an otherwise dreary day.
- Also, show the official you are friendly and confident by finishing every sentence with "Bucko!"

What to declare:

- No endangered species are allowed, especially as articles of clothing. (For example, on the not-acceptable list: Elephant-tooth necklace with lion-skin shawl; acceptable: Housecoat made of house cats.)
- The U.S. considers Cuba an evil empire. If you have a Cuban cigar, be sure to label it as a finely rolled Saudi Arabian.

Drugs:

- If you have a marijuana conviction, you are required by law to declare it, unless you got it at a duty-free shop.
- There are only two ways to regain permission to enter the U.S. after a drug conviction: 1) obtain a pardon, or 2) score an interview with Oprah.

Those are the tips. We hope you found them helpful. By following these simple rules, your U.S. trip will be easy as pie.

(Please be advised that U.S. regulations stipulate that all pies will be confiscated. Also, if you have any ice cream and a fork, that'd be great.)

# Open-concept house for sale

Life is plastic

It's fantastic:  
Barbie lists abode

After 41 years, Mattel's leading lady is moving out. Toy maker Mattel announced Wednesday Barbie is looking for a new home and selling her Malibu, Calif., Dreamhouse.

In her search for a new pink abode, the septuagenarian doll will make a number of worldwide appearances, including World Mastercard Fashion Week in Toronto in March to meet with some Canuck designers. **METRO**

'Ken' I come, too?

Do you want to know what it's like in Barbie world?

Wondering what the house — which started its fictional life as a studio apartment in 1962 and has undergone 10 renovations — is like?

Mattel is letting fans immerse themselves into Barbie's world with a real-life experience, giving girls the chance to see the Dreamhouse in person.

Or, they can get a glimpse of Barbie in her reality web series that's airing on Barbie.com.

The site even allows girls to customize their own Dreamhouse. **METRO**

Icon looks to move after decades in Dreamhouse

"It wasn't an easy decision for Barbie to put her Dreamhouse on the market, but this move marks an unprecedented opportunity for her fans to get an inside look at her dreamy home."

Lori Pantel,  
vice-president of global marketing for Barbie

Open house

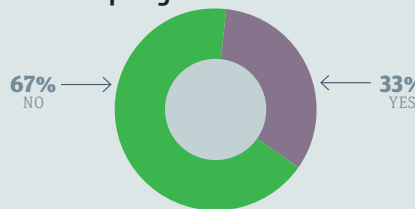
Three walls equal great ocean view

The 8,500-square-foot (measured in her heels), three-storey bachelorette compound features a spacious bedroom, three chandeliers, one elevator — in pink and with a state-of-the-art pulley system — and the best ocean view in Malibu (after all, it only has three walls). **METRO**



Register at [metropolitanpanel.ca](http://metropolitanpanel.ca)  
and take the quick poll

Should sperm donors be able to apply to see their offspring?



Twitter

@westHab:

I really miss record stores. What happened to the downtown #yyc #hmv? #showingmyage

@MyPetHypothesis:

I was complimented on my hug technique by someone offering free hugs in #yyc. Is there a market for deluxe hugs?

@victoriansummer:

Oh that's right all CTrain stations have their signature smell. #yyc-transit

@chowmangg:

Where else can you drive around with your window down in February? #loveit #yyc

@NathanGreener:

For those of us who have the privilege of only ever standing on the bus, how about a little discount? RT #yyctransit #yyc #bus

@BSixx80:

No that's fine rest your obese arm on mine old lady. #public-transit #yyc





Reuben Bullock is one of the local acts showcased at Music Calgary's SoundOff Festival, taking place Friday at Broken City and Saturday at The Gateway. HANDOUT

# Making noise for local talent

**SoundOff.** Promoters, labels and fans can check out some of the city's most acclaimed indie rock and folk acts this weekend



**BACKSTAGE PASS**  
Lisa Wilton  
calgary@metronews.ca

There's never been a shortage of talent in Calgary's music scene.

Yet the city has never experienced an explosion of interest in the same way as Halifax, Montreal and Vancouver. It's perplexing, given the number of excellent acts

of all different genres who call Calgary home.

But part of the reason could be the city's lack of an established music industry. While there are a handful of well-run, forward-thinking independent labels and dozens of dedicated bookers, promoters and festival directors in town, Calgary hasn't been able to come into its own as a music centre in the same way as other Canadian cities.

"There is a sense Calgary doesn't have a real centre of gravity for the music industry," says Ian Menzies, a board member of the Juno Awards legacy organization, Music Calgary, and organizer of this weekend's SoundOff showcase at The Gateway.

"That said, there are a million people here and a lot of people making music and

finding some success."

Music Calgary was created in 2008 as a way to promote local musical talent and to provide resources to help artists with professional development and career advancement.

Music Calgary's SoundOff Festival — which takes place Friday at Broken City and Saturday at The Gateway at SAIT — allows promoters, publicists, label heads and other music professionals from across Canada to check out some of the city's most acclaimed indie rock and folk acts, including Samantha Savage Smith, Reuben & the Dark and Raleigh.

Menzies says the bands were chosen based on the delegates attending.

"If there were a bunch of metal labels coming, we would have more local metal

groups," he says. "We wanted to organize an event where it could lead to something happening with these bands ... We're very conscious that every band isn't of interest to every A&R person. You want a logical fit or you're just wasting time and money."

Among the delegates are Arts & Crafts head honcho Jeffrey Remedios, Shauna de Cartier of Six Shooter Records and Evan Newman of Outside Music. The three label heads are also panellists at Saturday afternoon's Indie Label Intensive at the National Music Centre.

"I think we can create more of a sense of an industry here if we can pull these people into a room once or twice a year and have events that cater to a more sophisticated or knowledgeable group of people," says Menzies.

## Indie Label Intensive

- The Indie Label Intensive starts at 2 p.m. on Saturday at the National Music Centre (134-11 Ave. S.W.). The panel is free to attend, but to secure a seat, email [info@musiccalgary.org](mailto:info@musiccalgary.org) by Thursday.
- Canadian music star and former Calgarian Leslie Feist is one of the best-selling artists on panellist Jeffrey Remedios' successful Arts & Crafts label.
- For more information about the SoundOff Festival and Music Calgary, go to [musiccalgary.org](http://musiccalgary.org).

# 2 SCENE



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# The positive effect of playing a psychiatrist

**Interview.** Catherine Zeta-Jones speaks about what brought her back to the big screen and her connection to family

**NED EHRBAR**  
Metro World News

Side Effects brings actress Catherine Zeta-Jones and director Steven Soderbergh together for the third time, following *Traffic* and *Ocean's 12*, and Zeta-Jones says Soderbergh knows the secret to keeping actors coming back.

"He rubbed my feet when I was pregnant in *Traffic*. That's the only reason why I keep coming back," she says with a laugh.

"He looked after a pregnant woman so well, I just knew I'd always be in good hands."

Of course, it takes more than foot rubs to get Zeta-Jones interested in a project. Over the past few years, she has focused on her home life following husband Michael Douglas' battle with cancer.

"I love my job, but it takes me a lot to leave my kids, leave my husband and leave my dogs," she says.

"I find it really hard to leave my children. I think that I'll never get these beautiful, formative, delicious years back, and it takes me great thought and what is it that I want to leave my kids and my husband for? And this obviously was a must for me. I'd pretty much do the phone book with Steven if he asked me, just read it in three different languages — French, Welsh and English."

There was one other element of *Side Effects* that had a can't-miss appeal for Zeta-Jones, and that was the chance to tackle playing an accomplished psychiatrist.

"I'm actually thrilled that Steven cast me as a doctor because I never went to college, and I always wanted an M.D. after my name," she says.

"I'm really quite flattered that he fulfilled my mother's dream."

There are other gigs beckoning Zeta-Jones away from home, too.

She just wrapped filming on *Red 2*, the sequel to the 2011 action hit starring Bruce Willis and Helen Mirren, and she'll be on stage later this month at the Oscars for the awards show's tribute to musicals from the past decade, including *Chicago*, for which Zeta-Jones won an

## Quote

**"He rubbed my feet when I was pregnant in *Traffic*"**

Catherine Zeta-Jones  
Talking about her director.

Oscar.

"I'm absolutely terrified. I don't quite know the exact capacity in which I will be (involved)," she says.



Catherine Zeta-Jones returns to the big screen to work with Steven Soderbergh. HANDOUT



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[Keynote Speaker]

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## Disney

### Brace yourself Star Wars geeks

Disney is mining The Force for even more new films.

Walt Disney Co. CEO Bob Iger said Tuesday that screenwriters Larry Kasdan and Simon Kinberg are working on stand-alone *Star Wars* movies that aren't part of the new trilogy that's in the works.

"There has been speculation about some stand-alone films that have been in development, and I can confirm to you today that in fact we are working on a few stand-alone films," Iger told CNBC.

THE ASSOCIATED PRESS



# Beckham still weirded out being on billboards

**Ad campaign.** Becks talks about working with Guy Ritchie, his fitness routine and supporting his wife

David Beckham has a knack for keeping his name in the news, and his face — and well-sculpted body — in front of the cameras.

The newest ad campaign for his bodywear collection

for global retailer H&M is being released on the heels of the announcement that he's joining the French Paris-Saint Germain soccer club.

The ad campaign, directed by Guy Ritchie, is more like a film short. Beckham stars as an action hero, saving the day in Los Angeles in his boxer briefs and bedroom slippers.

The 37-year-old Beckham said he's committed to this for the long haul, but is still a little startled looking up at a billboard and seeing a giant

version of himself.

"No matter how many campaigns I do with H&M, I will never get used to seeing myself on billboards," he said.

Beckham responded to questions via email.

**Working with Ritchie seems like a little bit of a leap into acting. Is that where you are heading?**

It's been great working with Guy. He's one of my favourite directors, and also a friend, so it was amazing to work

with him on my new bodywear commercial for H&M. It was good fun playing an action hero for the day.

**Is there a movie you wish you could have starred in?**  
I love Guy's film *Lock, Stock and Two Smoking Barrels*. It came out in 1998, which was such an exciting time to be British.

I remember the attitude and energy of the film as if it were yesterday.

THE ASSOCIATED PRESS



Soccer star David Beckham on the set of his newest ad campaign for his bodywear collection in Los Angeles. HANDOUT





Lady Gaga. ALL GETTY IMAGES

## Lady Gaga's weird and wonderful dressing room requirements leaked

Lady Gaga's list of dressing room requirements has leaked, and while there are more demanding celebrity singers out there — Mariah Carey comes to mind — she wouldn't be Gaga without a few eyebrow-raising items.

Gaga's requests include lavender towels and hand soap as well as yellow, lavender and white roses and, according to correspondence obtained by Celebuzz, "a mannequin with puffy pink pubic hair."



Russell Brand

## Despite Stern prodding, Brand refuses to thrash ex-wife Katy Perry

During a recent visit to Howard Stern's radio show, Russell Brand got the chance to criticize ex-wife Katy Perry for dating John Mayer, but he didn't take it. "Doesn't she know that he's a worse womanizer than you?" Stern asked, to which Brand joked, "Worse or better, depending on how you view it." But Stern's prodding didn't producer any naysaying. "So help

me God, Howard Stern, I will not compromise my ex-wife's vagina for the sake of ratings," Brand declared. "That woman was perfect from top to bottom." As for Brand's own love life: "I'm not dating anybody. Actually, I'd like a romance," he says. "Not so much playing the field, just going through life, doing yoga, concentrating on this TV show and trying to find a nice wife."

# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

### The Word



## 'Unflattering' pictures put Beyoncé's vanity on show



THE WORD  
Dorothy Robinson  
scene@metronews.ca

On Monday BuzzFeed published a story entitled "The 33 Fiercest Moments From Beyoncé's Halftime Show" which, as the title entails, includes photos of Bey looking like the warrior princess she is. The problem? Apparently, Beyoncé and her team found some of the pictures unflattering and emailed the site to have them taken down as, god forbid, Beyoncé ever look unattractive. The email

from her publicist read, "Thanks for taking my call. As discussed, there are some unflattering photos on your current feed that we are respectfully asking you to change. I am certain that you will be able to find some better photos."

The Word is reprinting one of the photos here. As you can see, it isn't the best but how in the world could a few bad shots of Beyoncé ruin her stature as an icon? They are merely drops in the ocean of Beyoncé imagery that saturate our day-to-day lives. Faces make faces, especially when you're performing as hard as she did on Sunday night. If anything, it's nice to know that she's actually a human and not some leather clad robot created by the Knowles family to make all women feel terrible about themselves.



Chris Brown

## Brown may have to redo community services due to 'discrepancies'

Chris Brown may have to start his community service all over again now that a Los Angeles District Attorney is alleging the singer failed to provide "credible, competent or verifiable evidence" that he fulfilled his obligation, according to the Los Angeles Times. Brown was given 180 days of community service as part of his sentence for assaulting Rihanna in 2009, and he was granted permission to complete it in his home state of Virginia. But now D.A. Mary Murray

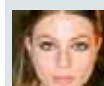
claims there are "significant discrepancies" in the reports about his service, which she says are "at best sloppy documentation and at worst fraudulent reporting." Brown's lawyer, Mark Geragos, is promising to fight back, though. "Apparently the district attorney's office has completely lost their minds," he tells the newspaper. "They are making scurrilous, libelous and defamatory statements and apparently have lost their ability to read their own reports."

### Twitter



@carrieunderwood

A note to fellow air travelers: if you must talk SO loud, PLEASE keep the cursing to a minimum. We can't get away from you.



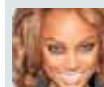
@RealMichelleT

Rules of Law & Order: if someone says, "There was this one guy....". It's ALWAYS that guy.



@edward\_burns

Feeling better. Flu subsiding. Getting back into bed with Scorsese. Taxi Driver this afternoon. Departed up next.



@tyrabanks

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SHOPPERS  
DRUG MART



# From admiring to hiring: Jason woos famous faces

## Wu done it.

The one-man style super force speaks of Stephanie Seymour, styling Michelle and his signature Wuism

KENYA  
HUNT  
life@metronews.ca

**Last month there was a rumour circulating on Twitter that your first words in English were Stephanie Seymour, who now stars in your ad campaign. Is that true?**

Not quite, but it might as well be. When I first moved to Canada from Taipei, my mom bought me a sewing machine. I didn't speak a lick of English. I grew up speaking Mandarin. So I learned the language by reading my mom's fashion magazines. I was never the best student in school. I learned by applying what I loved. One day I was talking to my aunt, who also had a lot of fashion magazines, and I pointed out Stephanie Seymour. She was like, 'How do you know who Stephanie is?' I've worked with so many people I grew up admiring. Fashion seems to be this impenetrable, daunting industry. But for me to be able to get to where I am today speaks to how many opportunities there are for young people in New York.

**Even with the lingering recession?**

It's funny because I started during an economic downturn.



Acclaimed designer Jason Wu moved at age nine from Taipei, Taiwan, to Vancouver. CONTRIBUTED

I've never really experienced a good economy in that regard. It's always been a little difficult. I started my business when people were running for the hills and not buying anything.

**You've dressed Michelle Obama for two inaugurations. How did the second one differ from the first?**

It wasn't something that I quite expected to happen. I can't say that I know so much about politics. And when

I was approached the first time, I wasn't as familiar with Mrs. Obama. I felt like I was part of a moment. But with this second time, it felt more subtle. I felt like it was important for me to keep pretty private about it. I never wanted to sort of exploit the fact that the first lady has been so great to wear me on such an important occasion.

**In some parts of the world, you, who left Taiwan as an**

## Second time's a charm

**What were you doing in the exact moment when you first saw Michelle Obama in her second inauguration gown?**

For the last inauguration, I was at home. But this time my staff and I were working because I have my show coming up. We were live streaming it on my computers and no one wanted to talk about it so as not to jinx it. But when we saw her, we just all let out this scream. When I first did this four years ago, I had four employees. But this year, I had 30 to celebrate with.



don't think that ever happens. But my career has changed my mind about that.

**You're collaborating with Lancôme on a beauty line. And you once created a nail polish collection for CND.**

Beauty is a compliment to the clothes. In my teens I bought the Kevyn Aucoin books and used to just stare at them. They were so inspiring for me.

I've never been the person to do minimal hair and makeup. Beauty has always been a part of the design process for me. Even in my working with Hollywood actresses, I'll work with the hair and makeup. I've worked with Diane Kruger, Michelle Williams, Jessica Paré. When it's done correctly, it can create some magical moments.

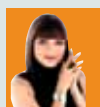
**Are there any that stand out in your mind?**

Diane Kruger at the SAG Awards two years ago. We collaborated together. She wore red lips and was very high glam and high contrast. The combination of the hair and makeup and dress suited the event beautifully.

**What can you tell us about your upcoming autumn/winter collection?**

I've been working on being more confident in what I do and to create real signatures. So there's going to be a lot of signature Wuism that people have come to know me for, taken to another level. That's the whole part of brand building, to drive the point home every time you do anything. Naturally, I feel like I've grown up some.

## Twitter



JEANNE  
SPACE  
Jeanne Beker  
life@metronews.ca

IN THIS HECTIC MODERN WORLD, TWITTER HAS BECOME A COOL AND SUCCINCT WAY OF COMMUNICATING. IT ALLOWS ME TO BE ACCESSIBLE, INSTANTLY SPEAK MY MIND AND CONNECTS ME WITH ALL KINDS OF PEOPLE.

**@Jeanne\_Beker:** Very excited! I'm getting a special achievement award from the Canadian Academy of Film +TV on Feb. 27th

**@MorleyNirenberg:** Mazeltov Jeanne! So very well deserved. #twicon

**@Zaib\_Shaikh:** Big time Congrats Jeanne to a big time pioneer & ambassador.

**@TOBeautyReviews:** congratulations!!!! Well deserved!

**@styleblogca:** xoxo! Congrats, Jeanne!!! You are an inspiration.

**@LisaTant:** Congrats on the Canadian Academy honour @Jeanne\_Beker So well-earned!



@Jeanne\_Beker: Watching Symbiose by Hinda A at Semaine Mode Montreal...

## The Kit

# Canadian street style

Spotted in: Vancouver

Sasha,  
Fashion lover  
Age: 22

**What she's wearing**  
Obakki coat, Maison Olga Milan sweater, Wings + Horns scarf, Rag and Bone jeans, Dries Van Noten shoes.

## Her inspiration

"The weather inspires me to dress cozy and warm and I always try to find a way to do this stylishly."



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# Bring your favourite coffee shop home

Everybody knows the cost of that daily coffee you pick up on the way to work can add up to quite a bit of money each year. For Canadians who give in to the daily grind, we spend on average \$700 each year for a plain cup of coffee. At this time of the year, it might be nice to save some money while enjoying our java. Invest in an at-home-brewing machine and a thermal travel mug and you could be saving hundreds of dollars a year on your morning ritual.



**DESIGN CENTRE**  
Karl Lohnes  
home@metronews.ca

Not only can you save money, but you can also help keep millions of paper cups out of the landfills when you use a refillable mug. Here's a list of the machines and coffee costs (based on a five-day work week) from a few of your favourite java houses.



## Tim Hortons' Tassimo

Canada's favourite cup of java by far. Their at-home brew comes in the form of the Tassimo T-DISCs capsules and gets made exclusively in a Tassimo at-home-brew machine. The average machine price is \$160 and the coffee capsule is 65 cents — that's \$169 per year.



## Van Houtte's Keurig

An established coffee house in Quebec, Van Houtte is making inroads across Canada. Their at-home-brew version is from the Keurig's brewing system and capsules are called the K-CUP. The Keurig Special Edition 860 brewer machine costs \$180 and the K-CUPS average 73 cents, that's \$189.80 per year.



## Starbucks Verisimo

Starbucks, the big American coffee shop, has done marvels for the coffee culture in Canada and around the world. For those who criticize the dark-roast blends, they've introduced the Blonde Roast coffee, a lighter, fresher coffee bean. Starbucks has their own at-home-brewing machine called the Verisimo System, which costs \$200. Their Verisimo coffee pods cost an average of \$1, which will average you about \$260 for a coffee before each work day.



## Timothy's Keurig

A lesser know shop is Timothy's, which started in Ontario and has spread throughout Canada and a bit in the United States. Their at-home-brewing machine is also the Keurig (like Van Houtte) and the B31 Brewer costs \$100. Look for it in a few fashionable colours. The K-CUP capsules average 73 cents per cup, which tallies into about \$189.80 per year for your morning work coffee.



## Nespresso

Here's the case of a reverse situation. Nespresso launches quality brand espresso capsule systems and it becomes so popular that they start opening Nespresso Cafés around the world. Look for them on the toniest of streets in major Canadian cities. The fancy Nespresso Grand Maestria machine costs a whopping \$800, capsules average 60 cents each or \$156 per year. It's all about exclusivity and prestige with this brand.

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## Asian Beef Lettuce Wraps with Peanut Sauce



This recipe serves four. COURTESY OF ROSE REISMAN

# A leaner and lighter way to celebrate Chinese New Year

ROSE REISMAN  
for more, visit  
rosereisman.com

I love the Mu Shiu served in Chinese restaurants. Minced pork, chicken or beef with hoisin sauce and vegetables is served in lettuce leaves or flour wraps. They're high in calories and fat due to extra oil and the fattier quality of the beef. These homemade ones taste great and they're leaner. The peanut sauce is made with light coconut milk. Try them when you celebrate the Chinese New Year on Sunday.

browned, about 5 minutes.

2. Add carrot and bell pepper and sauté for 8 minutes, until the vegetables are tender-crisp. Add beef and sauté until no longer pink, about 4 minutes.

3. Combine coconut milk, peanut butter, soy sauce, vinegar, sesame oil, garlic, honey, sesame seeds, ginger and chili sauce. Add to beef mix and simmer 3 minutes.

1. Spray large non-stick skillet with cooking oil, add vegetable oil and place over medium-high heat. Sauté the onion until

4. Stir in cilantro and green onions. Divide among lettuce leaves and roll up.

RECIPE COURTESY OF ROSE REISMAN

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## Dessert. Almond Cookies



1. Heat oven to 160 C (325 F).

baking sheets halfway through.

2. In a standing electric mixer fitted with the paddle attachment, combine flour, sugar, baking soda and salt. Beat in softened butter a few pieces at a time at low speed, until texture resembles that of cornmeal. Beat in eggs and almond extract until a smooth dough is formed.

6. Transfer cookies to a cooling rack and let cool for at least 5 minutes before serving. The cookies will keep for up to 3 to 4 days in an airtight container.

THE CANADIAN PRESS/ THE CHINESE TAKEOUT COOKBOOK: QUICK AND EASY DISHES TO PREPARE AT HOME BY DIANA KUHAN (BALLANTINE BOOKS, 2012).

## Ingredients

- 625 ml (2 1/2 cups) all-purpose flour
- 250 ml (1 cup) sugar
- 2 ml (1/2 tsp) baking soda
- 2 ml (1/2 tsp) salt
- 250 g (1/2 lb or 2 sticks) unsalted butter, cut into pieces and softened
- 2 large eggs, beaten
- 10 ml (2 tsp) almond extract
- 40 whole almonds
- 1 large egg, beaten, for glaze

3. Roll dough between your palms into 3-cm (1 1/4-inch) balls and place them 5 cm (2 inches) apart on ungreased baking sheets.

4. Using the palm of your hand, gently flatten each ball and place an almond in the middle of each. Brush the top of each cookie with egg glaze.

5. Bake for 18 to 20 minutes or until cookies are golden on top, rotating the top and bottom

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Switch things up this Valentine's Day by trying something different. Below are a number of fun date options for you and your honey. ISTOCKPHOTO/THINKSTOCK



# Dates are a many-splendoured thing

**ASTRID VAN DEN BROEK**  
For Metro

So maybe you didn't score a reservation at the restaurant of your dreams. Or perhaps you are looking to do something different or something new. If you want to switch things up this Valentine's Day, here are 10 fun date options for you and your honey.

**1 Karaoke.** "You can do this whether you just started dating or if you've been together for a long time," says Kim Hughes, singles and dating expert for the Toronto-based online dating site Lavalife.com.

**2 Take in a pub.** "Visit an old timer's bar — every neighbourhood has one — and have a pint and play darts," Hughes said. "It takes the pressure off of the date and you're not going to have to hand over your wallet at

## Cost-efficient dates

**No money? On a bit of a budget? Here are a few cost-efficient options for date night.**

- Go for a skate (or toboggan ride). Assuming you have your own gear, including sharpened skates or toboggan, head out for some free winter fun.
- Make dinner at home. "There's no need to make

anything elaborate and it's much more fun when both of you are participating," says Sheree Morgan, a Vancouver-based matchmaker and dating coach.

- Explore together. "Go enjoy a new part of your city or town that you're not as familiar with," suggests Kateryna Spiwak, a Toronto-based dating and relationship coach. "And

if it's in your budget, have dinner in that area, too."

- Take a hike. "People often hike on the weekends together, so if you have the day off go for a hike through a nature preserve or valley area," Spiwak said.
- Make it movie night. PVR a movie ahead of time and uncork a bottle of wine for a movie night at home.

the door to go in."

**3 Go bowling.** Better yet, if you are a new couple and aren't sure where the relationship is going, grab another couple or two to go along with you and team up, Hughes suggested.

**4 Revisit.** "If you did something on the very first

date you went on, do it again and go down memory lane," says Sheree Morgan, a Vancouver-based matchmaker and dating coach.

**5 Move together.** "Take a dance lesson together or go to a salsa or meringue dance club," says Kateryna Spiwak, a Toronto-based dat-

ing and relationship coach. "Or you could go bowling together or play Ping-Pong for fun."

**6 Make it a threesome.** No, not like that. "Have dinner at home and bring in a massage therapist to come by to give you massages," Spiwak said.

**7 Make the most of winter.** If the lucky two of you have the afternoon or day off, hit the slopes for some skiing and après-skiing cocktails, dinner and snuggling. Don't ski? Try tobogganing or snowshoeing.

**8 Think themed.** If you are in a big city, visit your local museum to take in an Asian exhibit and follow that up with a Thai, Chinese or Japanese dinner.

**9 Bring dinner home.** Rather than heading out to a packed restaurant with its equally jammed reservation schedule, hire a chef to cook dinner in your home. "Or hire someone to come in and play music for you while you're having dinner at home," Spiwak said.

**10 Pretend it's prom.** Spring for a limo to take a drive through your city or to take you from your home to cocktails to dinner.



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# Gifts that pamper

A sweetheart top-to-toe beauty guide for him and her



JANINE  
FALCON  
For Metro

Glossy, healthy looking hair begs to be touched. For her: **Shu Uemura Essence Absolute**

**solue Oil-in-Cream** leave-in for dry, frizzy or curly hair, \$68, via shuueamuraartofhair.com for salons. For him: **Redken Clean Spice 2-in-1 Conditioning Shampoo** to cleanse and strengthen, \$13.75, via

redken.ca for salons.

Great travel skin care kits are genius add-ons to plans for a romantic getaway. For her: **NARSskin Luminous Moisture Set** (includes full-size serum and eye cream) \$159, at Holt Renfrew, The Bay, and narscosmetics.ca. For him: **Anthony Logistics for**

**Men Grab & Go Kit**, \$45, via ebeauty.ca.

Think of fancy lip balm as a special investment in your kissing future. For her: **Luxurious Diptyque Soothing Lip Balm**, \$42, at Holt Renfrew. For him: **La Mer The Lip Balm** (it's shine-free), \$58, at Holt Renfrew.

Let's just say soft hands equals soft heart. For her: The swoon-worthy **Crabtree & Evelyn Hand Therapy Paint Box Tin**, \$60, at Crabtree & Evelyn stores. For him: All-natural, supermoisturizing, unscented and non-greasy **Consonant Body Intensive Therapy Organic Hand Cream**, \$20, at consonantbody.com.

Tempting bath and body treats are a must. For her: A vanilla-licious **Philosophy X's and O's** gift set, \$32, at Shoppers Drug Mart, Sephora and select Bay stores. For him: A fresh-off-the-yacht **Fruits & Passion F/P Homme Numero 003** gift set, \$48.50, at Fruits & Passion.

Supple, silky skin is the gift that



keeps on giving. For her: **Dreamy Caudalie Divine Oil** (for hair, too), \$49, at Sephora. For him: Muscle-warming **Weleda Arnica Massage Oil**, \$25.50, via weleda.ca.

The how-to of smooth, comfy feet is unsexy, but the results are worth it for playing footsie. All dry heels need an easy-use **Emjoi MicroPedi**, \$49.99, via micropedi.ca. For her: Comforting **L'Occitane Dry Skin Foot Cream**, \$30, at L'Occitane. For him: Pre-activity **Kiehl's Cross-Terrain Dry Run Foot Cream**, \$24, via kiehls.ca.



Clockwise, from far left, Philosophy X's and O's gift set, Crabtree & Evelyn Hand Therapy Paint Box Tin, Shu Uemura Essence Absolute Oil-in-Cream, L'Occitane Dry Skin Foot Cream, Consonant Body Intensive Therapy Organic Hand Cream, Caudalie Divine Oil, Fruits & Passion F/P Homme Numero 003 gift set, Emjoi MicroPedi, Redken Clean Spice 2-in-1 Conditioning Shampoo, and Weleda Arnica Massage Oil.

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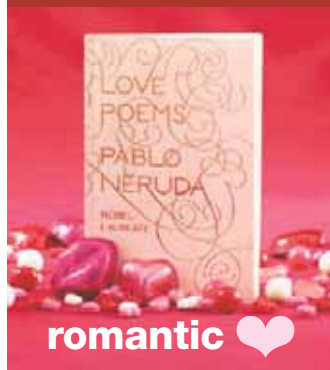
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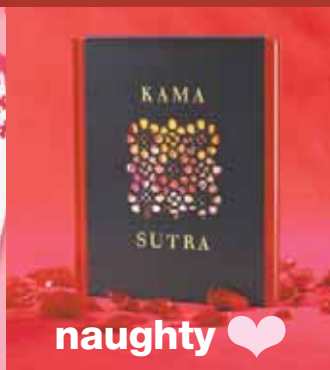
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## Olympics

### Canada won't budge from Own the Podium stance

Canada won more gold medals than any country at the 2010 Vancouver Olympics, but that's not the goal a year from now in Sochi.

The target for the 2014 Winter Games remains as it was for Vancouver — to beat all other countries in total medals won.

Canada did not achieve that in 2010. The team finished third in the overall medal count with 26 behind the United States (37) and Germany (30).

While Canada's 14 gold in Vancouver set a record for the most won by a country at a single Winter Games, the country isn't moving off the objective of winning the overall medal count in Sochi.

"Our objective is to contend for No. 1 in total medals," said Own the Podium CEO Anne Merklinger. "Every medal matters to our country and to Canadians."

THE CANADIAN PRESS

## Bobsledding

### Fleurant banned 2 years for doping

Calgary bobsledder Rachelle Fleurant was handed a two-year suspension Wednesday for an anti-doping-rule violation, the Canadian Centre for Ethics in Sport said in a release.

The athlete's urine sample from an in-competition doping control last October revealed the presence of prohibited anabolic agents (clenbuterol and oxandrolone) and a banned diuretic (hydrochlorothiazide), the CCES said.

Fleurant acknowledged the violation and a hearing was held to determine the suspension length, the CCES said. An arbitrator imposed a ban that will end Oct. 20, 2014.

THE CANADIAN PRESS



Calgary Flames right-winger Jarome Iginla is hauled down by Red Wings defenceman Jonathan Ericsson in Detroit on Tuesday. Iginla could serve as trade bait this season. PAUL SANCTA/THE ASSOCIATED PRESS

# Flames not out of playoff hunt just yet



THE HOCKEY NEWS  
Brian Costello  
calgary@metronews.ca

In the past week or so, it's been too easy to scan the NHL standings and write the Calgary Flames off as out of the playoff picture early and chastise management for not blowing up the roster. You read that on the Internet and hear it on radio.

The problem with that is Calgary has games in hand on their competitors so visually their doormat ranking is deceiving. Moreover, if any of these critics had watched Calgary's first seven games, they'd know a case could be made the Flames could conceivably have five wins and points in all but one of the seven. Seriously. Except for suspect goaltending from Miikka Kiprusoff in a few

games and the odd defensive breakdown, the Flames have played that well.

And all this with kingpins Kiprusoff, Jarome Iginla and Mike Cammalleri playing below expectations.

With more parity than ever and a few teams ahead of the pack, it looks as though Calgary is one of 10 teams battling for four playoff spots. I've conceded playoff spots to Chicago, Vancouver, San Jose and St. Louis based on hot starts and their credentials to maintain a winning pace. The remaining 10 teams I've broken into a group of three and a group of seven.

Three teams I'm projecting to fall into the five-through-seven window are Los Angeles, Minnesota and Anaheim. Odds are high at least two, maybe all three, make the playoffs. That means just one or two of these

seven — Detroit, Nashville, Edmonton, Dallas, Calgary, Phoenix and Colorado — are going to the post-season. Columbus will fall to 15th.

As for the blowing-up-the-roster suggestion, I've never bought into it. But I do firmly believe that unless this Calgary team runs away and secures a playoff spot early, management should trade Iginla at the trade deadline. Jay Bouwmeester as well. And if the market gets hot for a goalie, Kiprusoff as well.

Hanging on to a diminishing asset like Iginla when he's an unrestricted free agent in July doesn't make good business sense. Neither does signing him for a few more years for another \$6-plus million to ride into the sunset. Successful season or not, this team needs to parlay Iggy into a prime asset or two.

## Goaltending acquisition

### Calgary forced to get insurance

The Calgary Flames signed goaltender Danny Taylor to a one-year, two-way contract Wednesday, a day after regular starter Miikka Kiprusoff suffered a lower-body injury in a 4-1 win over Detroit.

Kiprusoff, who left Tuesday's game after the second period, is listed as day-to-day.

Backup Leland Irving stopped all six shots he faced in the third period against the Red Wings.

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# Big guns slow out of the gate

**NHL.** 3 of 4 conference finalists from last season have yet to find their footing

They made up three teams of the NHL's version of the final four last season.

This season, the Los Angeles Kings, New York Rangers and Phoenix Coyotes are playing like teams that won't get to enjoy the final round of the conference playoffs. All three teams have failed to build on their post-season runs of a year ago — and sky-high pre-season expectations. The Kings, the defending Stanley Cup champions, and the Rangers wouldn't even make the playoffs at this rate. And amid complicated ownership issues, the Coyotes are just hanging on.

In this lockout-shortened season, where slow starts can prove costly, all three are in a rush to recapture what made them so special last May.

This trio of underachievers has company when it comes to slow-starting teams, however. The Minnesota Wild, Philadelphia Flyers, Washington Capitals and Detroit Red Wings are

## Quoted

**"We have some guys that are very tentative, very careful. We don't play careful hockey."**

Rangers coach John Tortorella, on his team's lacklustre start to the season.

all among a group lacking that extra spark. And just like that, folks, 20 per cent of the season is already in the books.

But it's the Kings, Coyotes and Rangers that are the most puzzling. They should all have that fire to get back to where they were. After all, the Eastern Conference-champion New Jersey Devils — the other team from the 2012 final four — are fourth in the East and are only a point behind Pittsburgh for the top spot in the Atlantic Division entering Wednesday's games.

So it's not like there has to be a post-season hangover. But whatever the Devils (5-1-3) have right now, the Rangers (4-5), Kings (3-3-2) and Coyotes (4-4-2) simply don't.

The Rangers can probably forget about earning the top seed in the conference for the second straight season. New



Adam Henrique, bottom right, of the New Jersey Devils, celebrates scoring a goal in a 3-1 win over the New York Rangers on Tuesday in Newark, N.J. The two Eastern Conference finalists from a season ago have had varying degrees of success to begin this shortened season. JULIO CORTEZ/THE ASSOCIATED PRESS

York has little depth and no scoring punch outside of the top line. The Rangers front-loaded that first line — Marian Gaborik, Brad Richards and Rick Nash — and that's worked. They've combined for nine goals and 23 points. It's the rest of the team that's strug-

gled. All the young players who were supposed to be dynamite on the second line, like Carl Hagelin and Chris Kreider, have been anything but. That's the price the Rangers have paid for dealing several "depth" players like they did to get Nash. The Rangers have scored 20 goals,

the lowest total in the East. Goaltender Henrik Lundqvist can't save 'em all for New York.

"We have some guys that are really playing hard," Rangers coach John Tortorella said, "and we've got some guys that look scared and tentative."

THE ASSOCIATED PRESS

## Signs of change

### Coyotes turning ship around

Out in the desert, essentially the same roster that won the Pacific Division has been unable to ride much of a hot streak.

They hit a rough patch off the ice when Greg Jamison was unable to pull together the funds and investors he needed to purchase the team before a deadline with the city of Glendale expired.

The Coyotes, with their long-term future now uncertain, are slowly turning around their season and have points in their last five games.

Meanwhile in L.A., the defending champs simply can't score. Toss out Jeff Carter's four goals, and the Kings only have 15 this season. Mike Richards only has one goal and the Kings also are struggling on the power play.

## Hufnagel, Milanovich, Benevides up for award

It has been quite a rookie season for Scott Milanovich.

The first-year head coach led the Toronto Argonauts to a 9-9 record and back into the CFL playoffs in 2012. He capped his season to remember by hoisting the championship trophy over his head after guiding the Argos to victory in the 100th Grey Cup game.

On Wednesday, Milanovich was named a finalist for the CFL's coach of the year award. He'll be up against John Hufnagel of the Calgary Stampeders and Mike Benevides of the B.C. Lions.

"It was a great year for us and it's a great honour," Milanovich said. "Coach Huff and coach Benevides both had great years too."

"Our organization did a great job, our coaches, our players. Really, the award in my opinion is all about what kind of success you had as an organization. I know they're talking about my name but there's a lot of people who go into that."

Voting was conducted by the Football Reporters of Canada. The award winner will be honoured Feb. 28 in Regina.

Hufnagel, the CFL's top coach in 2008, led Calgary to second spot in the West Div-



Calgary Stampeders coach John Hufnagel, left, sits beside Toronto Argonauts coach Scott Milanovich at a press conference in Toronto. The two Grey Cup coaches got nods for the 2012 CFL coach of the year award. RANDY RISLING/TORSTAR NEWS SERVICE

ision with a 12-6 record despite losing starter Drew Tate to injury for most of the season. The Stampeders defeated Saskatchewan and B.C. in the playoffs to make their second Grey Cup appearance in five years.

"Both Mike and Scott did excellent coaching work in 2012 and I'm honoured to be named a finalist for the coach of the year award along with those two men," Hufnagel

said.

Hufnagel is entering his sixth season as Calgary's head coach and GM.

Benevides guided the 2011 champion Lions to a league-best 13-5 record in his first season as head coach. The 13 victories tied a Lions club record for most wins by a first-year head coach, but he credited his assistant coaches for that success.

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## Horoscopes

### Aries

**March 21 - April 20**  
Friendships are under excellent stars at the moment and someone you meet on your travels will become a firm favourite. Yes, they're a bit "different" but that's what makes them so interesting.

### Taurus

**April 21 - May 21**  
The current planetary set-up is overwhelmingly favourable. No, really, it is. Today's influences are especially good for matters related to your work or career, so make use of them. Let your boss see how keen and committed you are.

### Gemini

**May 22 - June 21**  
Employers and other important people are hugely impressed by your efforts over the past few months and some sort of recognition or promotion cannot be far away. They can see you've got what it takes — so take it.

### Cancer

**June 22 - July 23**  
You don't have to be fearful. You don't have to hide in the shadows. The way to overcome your doubts is to put them to the test. Do something today that most people would try to avoid. You're not most people.

### Leo

**July 24 - Aug. 23**  
Try not to be too hard on yourself. Yes, you have made mistakes, maybe more than a few. But you are human like everyone else, so don't beat yourself up about it. You make more mistakes because you take more risks.

### Virgo

**Aug. 24 - Sept. 23**  
What you need to remember today is that pressure can be creative. It may feel as if you are being forced to move into unfamiliar territory but don't complain too much. You will feel the benefits soon enough.

### Libra

**Sept. 24 - Oct. 23**  
Expect only good things over the next 24 hours. With Venus, your ruler, linked to luck planet Jupiter, no matter how far-reaching the changes in your life may be they will be positive ones. So, why worry?

### Scorpio

**Oct. 24 - Nov. 22**  
Break out of your rut and do something more constructive with your time. What that something is only you can decide. But, anything of an artistic nature will go well for you now as will affairs of the heart.

### Sagittarius

**Nov. 23 - Dec. 21**  
You will have to act quickly today if you want to avoid some kind of feud boiling over. Be fast, be firm and be the one who demands honesty all round. Too many people are still avoiding the truth.

### Capricorn

**Dec. 22 - Jan. 20**  
Ignore rules and regulations. Do what comes naturally and take no notice of those who say you should do everything by the book. If you listen to them, it's unlikely you will ever get anywhere worth going.

### Aquarius

**Jan. 21 - Feb. 19**  
The omens are very much in your favour and there is no telling what you might achieve if you have the courage to take a few risks. On the love front, especially, you will be much in demand over the next 24 hours.

### Pisces

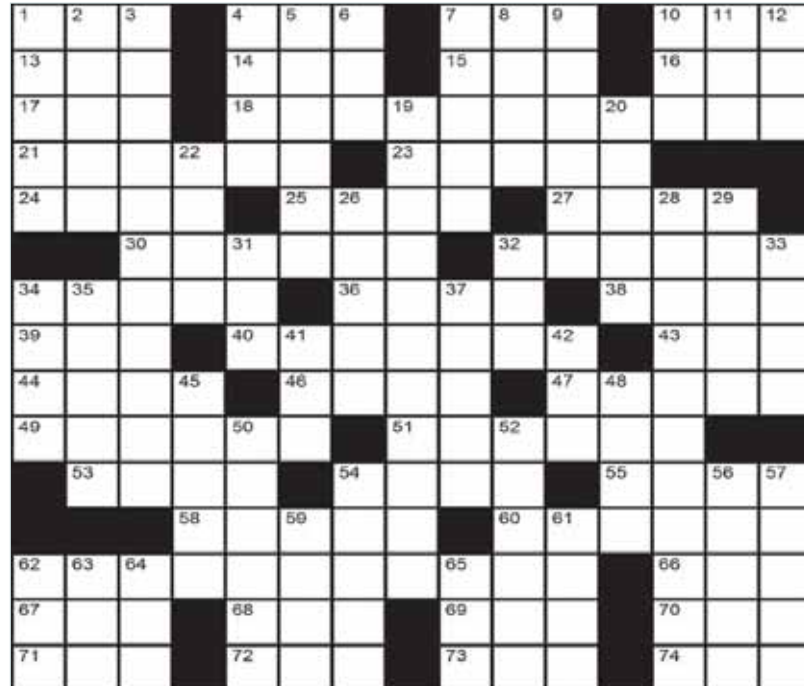
**Feb. 20 - March 20**  
It may seem as if everyone but you is having fun at the moment but that's just because of your negative outlook. Open your eyes and see what a truly privileged lifestyle you lead and pretty soon you'll be smiling again. **SALLY BROMPTON**

## Crossword: Canada Across and Down

### Across

1. Shih \_\_ (Cute dog)
4. Calgary, \_\_
7. Mil. authority
10. Canadian actor Mr. Bellows
13. Distinguished [abbr.]
14. Actress Ms. Ling
15. King, in Portugal
16. Rapa \_\_ (Easter Island)
17. Dadaist Jean
18. Historic site in Alberta, Head-Smashed-In \_\_
21. Fur \_\_ (Beaver's bane in early Canada)
23. Earth's \_\_ layer
24. Evening: French
25. Gaelic
27. Require
30. The Ewing Clan's show
32. Ruffled-waist, as on a dress
34. Gangster from 'Star Wars', \_\_ the Hutt
36. Singer of "Grace Kelly"
38. Popeye comics kid, \_\_Pea
39. "Take \_\_, insist!"
40. iPads, and others
43. 'Fact' finisher
44. \_\_ vinegar
46. TV-watcher's spot
47. Symbols
49. Dickinson of "Dragons' Den"
51. Together
53. "This \_\_ laughing matter!": 2 wds.
54. Their: French
55. Increases twofold, for short
58. Courtroom event
60. Breakfast serving
62. Acadian singer of "Kissing Rain": 2 wds.
66. 'One' to Marie-Claire
67. British singer Rita
68. Affixed, abbreviated
69. Hour div.
70. Opposite WSW
71. VJ's network
72. \_\_ Vegas
73. Mac rivals
74. Hockey great Mr. Apps

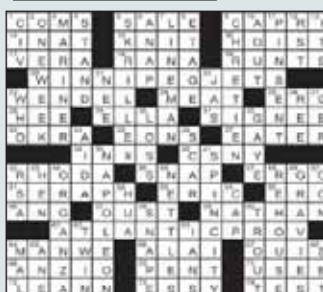
### Down



1. " \_\_ great!" (Congrats!)
2. Mask-and-sword swashbuckler
3. Causes of past due notices: 2 wds.
4. Superior at a French monastery
5. Comedy duo, \_\_ and Hardy
6. "I Love Myself Today" by \_\_ Naked
7. Fad
8. "Canadian Idol" Season 5 winner, Brian \_\_
9. The \_\_ Quintuplets
10. Antelope with ox-like horns
11. 'Consort' completer
12. Collagen target
19. Coal and petroleum: 2 wds.
20. Army vehicles
22. Dullsville
26. Sylvester Stallone title role
28. Dan Aykroyd's harmonica-playing character: 2 wds.
29. Expected to arrive: 2 wds.
31. Globe's long. crosser
32. Mr. Sajak
33. Prescriptions, commonly
34. "Letters from Iwo \_\_" (2006)
35. Video game pioneer
37. Mr. Reeves
41. Peer Gynt's mother
42. Sixties-style protest, \_\_-in

45. Wedding anniversary for tin
48. Relinquish control
50. Aboriginal artist Mr. Morrisseau, The Picasso of the North
52. Alanis Morissette hit
54. Milks: French
56. Squiggy's "Laverne & Shirley" pal
57. Hamilton, \_\_ City
59. Speck
61. Clothing department
62. Movie genre, \_\_-com
63. 'Comf' completer
64. Cleveland NBA-er
65. Rapsallion

## Yesterday's Crossword

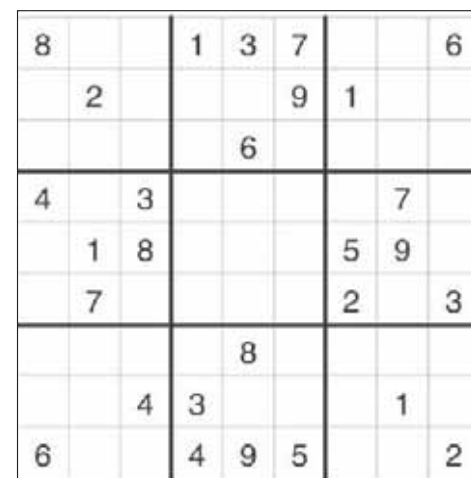


## Sudoku

### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

## Yesterday's Sudoku



## Weather

### TODAY



MAX: 4°  
MIN: -8°

### FRIDAY



MAX: -2°  
MIN: -7°

### SATURDAY



MAX: 7°  
MIN: 7°



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Jesus died for us so that, whether we are dead or alive when He returns, we can live with Him forever.  
(1 Thess 5:10)

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